

CERTIFICATE

OF PARTICIPATION

This is to certify that

Josh Spencer

Has successfully participated & completed the

10 km Adult Weekend Warrior Trail sponsored by Tru-Cape

held at Grabouw Country Club.

TIME 01:42:10

PACE 10:12/km

OVERALL 18 of 23

GENDER 7 of 9

OPEN 7 of 8

11 May 2019, Sat

Date



BoutTime

Signature